

**Physical Education (K-12)  
Gardner Webb University**

<b>Competency</b> A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		<b>Course Prefix &amp; Number</b>	<b>Course Title</b>	<b>Course Offerings</b>
A	Foundations, Principals, & Practices of Physical Education	PHED 211	Intro to Physical & Health Education	
		PHED 408	Organization & Admin of PE & Athletics	
B	Kinesiology, Fundamental Motor Skills & Movement Forms	PHED 235	Motor Learning	
		EXSI 355	Kinesiology	
C	Anatomy or Physiology	BIOL 101	Human Biology	
		BIOL 203	Human Anatomy & Physiology I	
D	Fitness, Nutrition, & Obesity Prevention	HLED 221	Dimensions of Personal Health	
		HLED 320	Comprehensive Health Education	
		PHED 311	Healthful Living	
E	Sports, Physical & Leisure Activities	PHED 341	Theory & Techniques of Team Sports	
		PHED 342	Theory & Techniques of Individual & Dual Sports	

Posted: 9/9/2018  
Revised: Fall 2018

**Course Offering Codes:**

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand  
e=even years, o=odd years, ^=online

**Notes:**

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (\*) denotes a prerequisite course.
- For more information from this institution, click here, <http://gardner-webb.edu/>.